Get Your Bearings Adventure Race – Gear List

Full Time Mandatory Gear (to be carried at ALL times during the ENTIRE race)

Personal (per person)

- Hydration system 32 oz. minimum (water bladder, or bottles)
- Whistle
- Compass
- Race Bib, attached to outside clothing/pack (provided)

Team (per team)

- Race Passport or Electronic Punch SI Card (provided by race staff at check-in)
- Pen/Sharpie
- Maps (provided by race staff at check-in)
- Waterproof map case (gallon Ziploc OK) or plan to laminate maps
- Team Cell Phone (turned off)
- Dry bags (for cell phone and Passport - Ziplocs are OK)
- *** Space Blanket – Newly added requirement***

First Aid Kit (per team) - Contents to include the following as a minimum

- 4 - Closure bandages (Band-Aids)
- 4 - Painkiller tablets (Acetaminophen, Ibuprofen, aspirin etc...)
- 4 - Anti-histamine tablets (Benadryl)

Canoeing (To be carried during all paddling sections.)

Personal (per person)

- Life jacket (provided, Coast guard type III or better - no inflatables)
- Paddle (provided, Canoe or Kayak style, rented Kayak paddles for solos only*)

Team (per team)

- Canoe or Kayak (solos only) (provided)

Mountain Biking (to be carried during all mountain biking sections)

Personal (per person)

- Mountain Bike or Gravel Bike (no road bikes or e-bikes)
- Certified bike safety helmet
- Spare tube
- Rear bike light (red)
- Team number labeled on bike (can be with sharpie/tape or sticker, not provided)

Team (per team)

- Allen Key Set
- Set of Tire levers or quick stick
- Tire pump (cartridges are acceptable, but a pump is recommended)

Notice: Gear checks can and will be done by race officials at any time during the race.

Besides the Mandatory Gear listed above, you may want to bring a number of other items for a day in the woods, like a backpack to carry everything, snacks, sunscreen and bug/tick repellent. We'd also recommend long pants to protect against ticks, thorns and potential poison ivy.

Additional recommended item: 1 sq foot of hunter orange per person, due to small game hunting open year-round.

*** Personal Paddles are not restricted per boat type, you may use single or double blade for either canoe or kayak if you bring your own.**