

Green Corn Moon Orienteering - Gear List / Race Rules

Mandatory Gear, per person:

- Maps (provided)
- Race Bib on back (provided)
- Hydration System
- Whistle
- Compass
- Emergency Blanket
- Reflective Vest
- Headlamp/Flashlight with 6 hours of battery life, plus battery backup
- Secondary light source (headlamp / flashlight)

Mandatory Gear, per team:

- SI Card (e-punch stick, provided OR your own)
- Cell phone (fully charged in dry bag, for emergency calls or livelox tracking only)
- First Aid Kit
 - 4 Bandages
 - 4 Painkiller tablets (Acetaminophen, Ibuprofen, aspirin etc...)
 - 4 Anti-histamine tablets (benadryl)

Suggested Gear:

- Long sleeves, long pants, gaiters, trail running shoes
- Eye protection
- Backpack to carry everything
- Snacks, electrolytes
- Bug/tick repellent, sunscreen, etc.
- Map bag or contact paper

Race Rules:

- Teammates must stay within 100 feet of each other at all times.
- GPS not allowed, except for route tracking.
- If someone is injured, you must stop and assist them.
- Racers are NOT permitted to cross private property.
- Racers must finish by race finish time; a late penalty will be assessed for each minute late.
- All racers must check in before leaving the race venue.
- Solo racers and teams must race individually; Teams working together should register as Non-Competitive and are not be eligible for division awards.